

# **DHAMMA SHARING**

In English  
By  
Ven. Yin Kit

**DATE:** Thursday September 2, 2010

**TIME:** 6:00—6:45 pm meditation  
7:00—8:00 pm Dhamma Sharing

**WHERE:** Po Lam Buddhist Association

**COST:** By donation

*Everyone is welcome.*

*Please bring a shawl for sitting & a cup for drinking.*

*A simple meditation mat and cushion will be provided.*

*Please arrive at the venue at 5:50 pm.*

*Registration is required: [registration@polam.ca](mailto:registration@polam.ca)*

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